

**Post-congress field session
„Thermal and mineral waters of the Polish Outer Carpathians”**

18 – 20th September, 2010

DAY 1

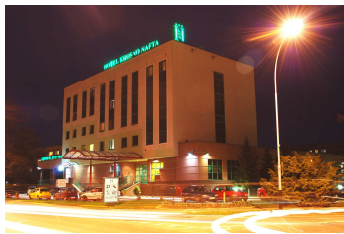
Route: Kraków - Tylicz - Krynica - Krosno

Accommodation:

Hotel NAFTA KROSNO in Krosno

3 star hotel located just a few minutes from the center of the city.

The “Podkarpacka” restaurant at the hotel serves Polish traditional dishes.



Dinner at the hotel

Social programme:

- **Tylicz** – Bottling Plant of Coca-Cola HBC Poland
 - a) visiting the bottling plant and mineral waters production lines
 - b) short info and visiting of mineral water wells
 - c) sightseeing, observations of springs and natural CO₂ exhalations
 - d) lunch (lunch-box type)
- **Czarny Potok** – Thermal water well drilling
 - a) visiting the working drilling rig
 - b) sightseeing using cable rail-way to Jaworzyna Mt. (864 m a.s.l.)

- **Krynica Zdrój**

- visiting Krynica Spa, main Pump Room and mineral water tasting
- visiting the spring “Zdrój Główny”, where the Krynica Spa was born, and “Mieczysław” intake
- visiting Zuber-2 well – carbonated water intake with huge CO₂ outburst



Arrival to Krosno – at about 7:00 p.m.

DAY 2

Route: Krosno - Iwonicz Zdrój - Lubatówka - Bóbrka

Accommodation:

Hotel NAFTA KROSNO in Krosno

Dinner at the hotel

Social programme:

- **Iwonicz Zdrój**

- visiting Iwonicz Zdroj Spa, main Pump Room, mineral water tasting
- visiting of edge-oil field water intakes Emma and Elin 7, short info and water tasting
- visiting of typical oil-well, short info and demonstration of oil extraction
- visiting the “Belkotka” spring with methane bubbling

- **Lubatówka** – thermal water wells and bathing-salt production plant

- visiting thermal water well Lubatówka 12, short info and temperature measurement;
- visiting the bathing-salt production plant



- **Bóbrka** – the Ignacy Lukaszewicz Memorial Museum of Oil and Gas Industry
 - a) guided exhibition visiting
 - b) multi-medial presentation of gas industry
 - c) film show
 - d) free time and lunch in cafeteria (lunch-box type)



Return to Krosno – at about 6:00 p.m.

DAY 3

Route: Krosno - Haczów - Odrzykoń - Kraków

Social programme:

- **Haczów** – Church of Assumption
 - a) guided sightseeing of the largest wooden gothic church in Europe, the architectural monument belonging to the UNESCO List of World Heritage Sites
- **Odrzykoń** – Ruins of “Kamieniec” Castle and Nature Reserve “Prządki”
 - a) guided sightseeing of Ruins of “Kamieniec” Castle
 - b) sightseeing of abiotic nature reserve “Prządki” with very interesting natural rock forms
 - c) lunch (lunch-box type)



Arrival to Kraków – at about 3:00 p.m.

Please note:

This excursion will only be organized if the number of participants is a minimum of 20.
The maximum limit is 31 persons.

The cost per person is EUR 196 – the price includes: accommodation (2 nights) in a hotel (shared double room with breakfast), English speaking guide, transportation, entrance fees to Bóbrka and “Kamieniec” Castle, 3 lunches in lunch box type, 2 dinners according to the programme.

The deadline of registration – 31.07.2010.